

# Praise and Worship

## Zoom Service January 31, 2021



Fourth Sunday after Epiphany

# Nourish yourself in his presence

A service in the time of Christ's revealing

# Welcome and peace

Meditation Music

Wash and Pray

Lighting of Candles



# Prelude

## Chopin Prelude C Minor

You Tube By Jacob's Music Lounge



# Wash and Pray

## *wash & pray*

Scientific studies have shown that thoroughly washing your hands with soap and warm water for 20-30 seconds helps prevent the spread of germs. Coincidentally, the Lord's Prayer takes about 30 seconds to say aloud or in your head. So next time you're washing your hands, use that half minute to pray AND help prevent the spread of germs!



0

Our Father in heaven,



1

hallowed be your name,



2

your kingdom come,  
your will be done,



3

on earth as in heaven.



4

Give us today our daily  
bread.



5

Forgive us our sins



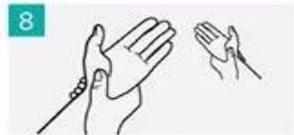
6

as we forgive those who  
sin against us.



7

Lead us not into  
temptation



8

but deliver us from evil.



9

for the kingdom, the  
power, and the glory are  
yours



10

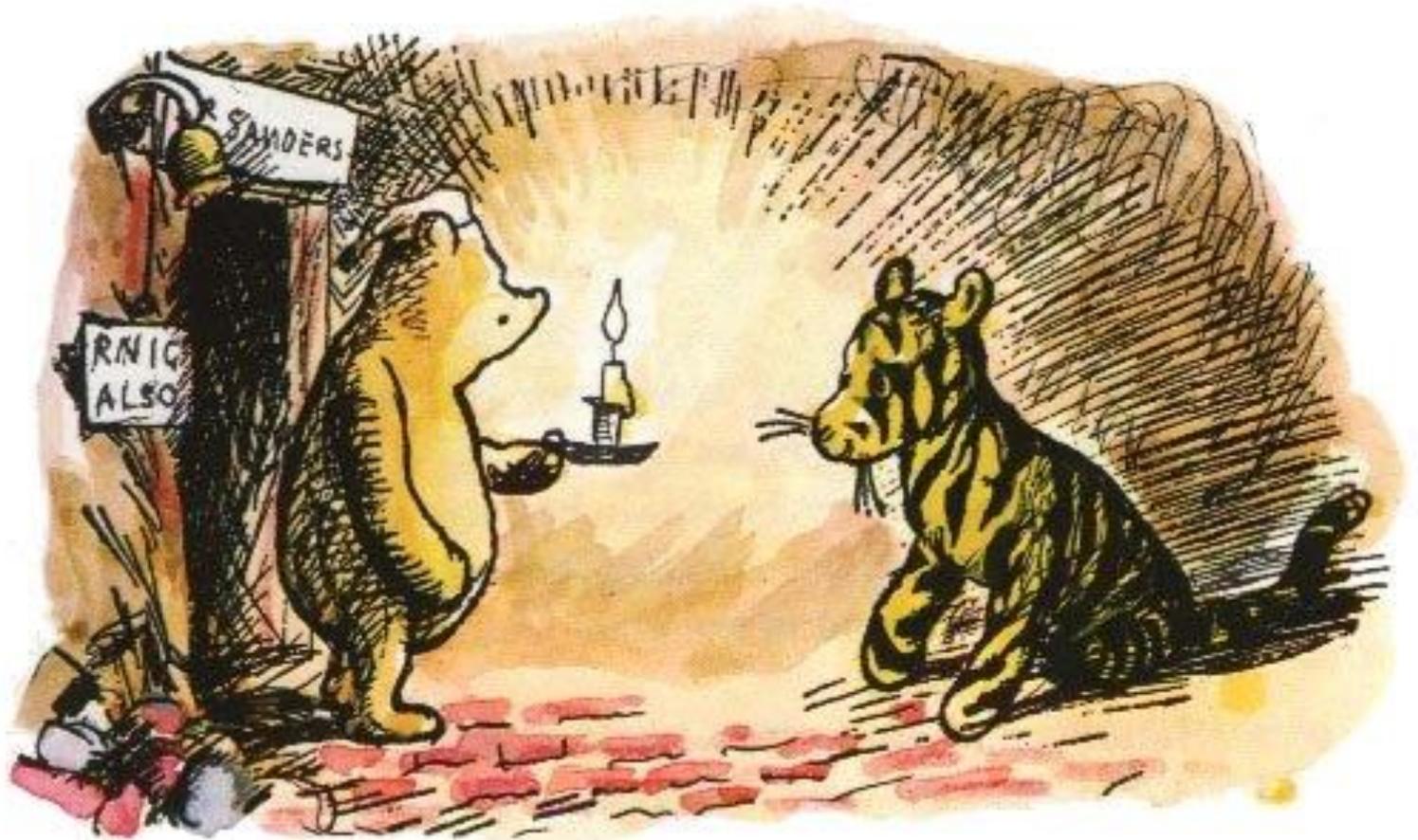
now and forever.



11

Amen.

# Candles



# Let There Be Light

And God said:

Let there be light out of the darkness  
shining, let be there and the light was  
good.

Sun, moon and stars out of the  
darkness shining, and the light was  
good, and the light was good.

Shine, shine shine! Out the darkness  
Shine, shine, shine, forever and ever.

Let there be light out of the darkness  
shining, let be there and the light was  
good.

Composer Craig Courtney

The Chancel Choir of  
First Methodist Church



# 1 Corinthians 8:1-13

Read by Linda Bednar

## Concerning Food Sacrificed to Idols

1 Now about food sacrificed to idols: We know that “We all possess knowledge.” But knowledge puffs up while love builds up. 2 Those who think they know something do not yet know as they ought to know. 3 But whoever loves God is known by God.[a]

4 So then, about eating food sacrificed to idols: We know that “An idol is nothing at all in the world” and that “There is no God but one.” 5 For even if there are so-called gods, whether in heaven or on earth (as indeed there are many “gods” and many “lords”), 6 yet for us there is but one God, the Father, from whom all things came and for whom we live; and there is but one Lord, Jesus Christ, through whom all things came and through whom we live.

7 But not everyone possesses this knowledge. Some people are still so accustomed to idols that when they eat sacrificial food they think of it as having been sacrificed to a god, and since their conscience is weak, it is defiled. 8 But food does not bring us near to God; we are no worse if we do not eat, and no better if we do.

9 Be careful, however, that the exercise of your rights does not become a stumbling block to the weak. 10 For if someone with a weak conscience sees you, with all your knowledge, eating in an idol’s temple, won’t that person be emboldened to eat what is sacrificed to idols? 11 So this weak brother or sister, for whom Christ died, is destroyed by your knowledge. 12 When you sin against them in this way and wound their weak conscience, you sin against Christ. 13 Therefore, if what I eat causes my brother or sister to fall into sin, I will never eat meat again, so that I will not cause them to fall.

# Psalm 111

1 Praise the Lord.

I will extol the Lord with all my heart  
in the council of the upright and in the  
assembly.

2 Great are the works of the Lord;  
they are pondered by all who delight in  
them.

3 Glorious and majestic are his deeds,  
and his righteousness endures forever.

4 He has caused his wonders to be  
remembered;  
the Lord is gracious and compassionate.

5 He provides food for those who fear him;  
he remembers his covenant forever.

6 He has shown his people the power of his  
works,  
giving them the lands of other nations.

7 The works of his hands are faithful and  
just;  
all his precepts are trustworthy.

8 They are established for ever and ever,  
enacted in faithfulness and uprightness.

9 He provided redemption for his people;  
he ordained his covenant forever—  
holy and awesome is his name.

10 The fear of the Lord is the beginning of  
wisdom;

all who follow his precepts have good  
understanding.

To him belongs eternal praise.



# Sermon

On Not Eating Food Offered to Idols

# Responsive Song

Spirit of the Living God

Fall fresh on me

Spirit of the Living God

Fall fresh on me

Melt me mold me

Fill me use me

Spirit of the Living God

Fall fresh on me



Shared together in song or word

# Prayers



# Communion

## **Apostles Creed** – Read by Sonja Botha

I believe in God, the Father almighty,  
Creator of heaven and earth,  
and in Jesus Christ, his only Son, our Lord;  
who was conceived by the power of the  
Holy Spirit,  
and born of the Virgin Mary.

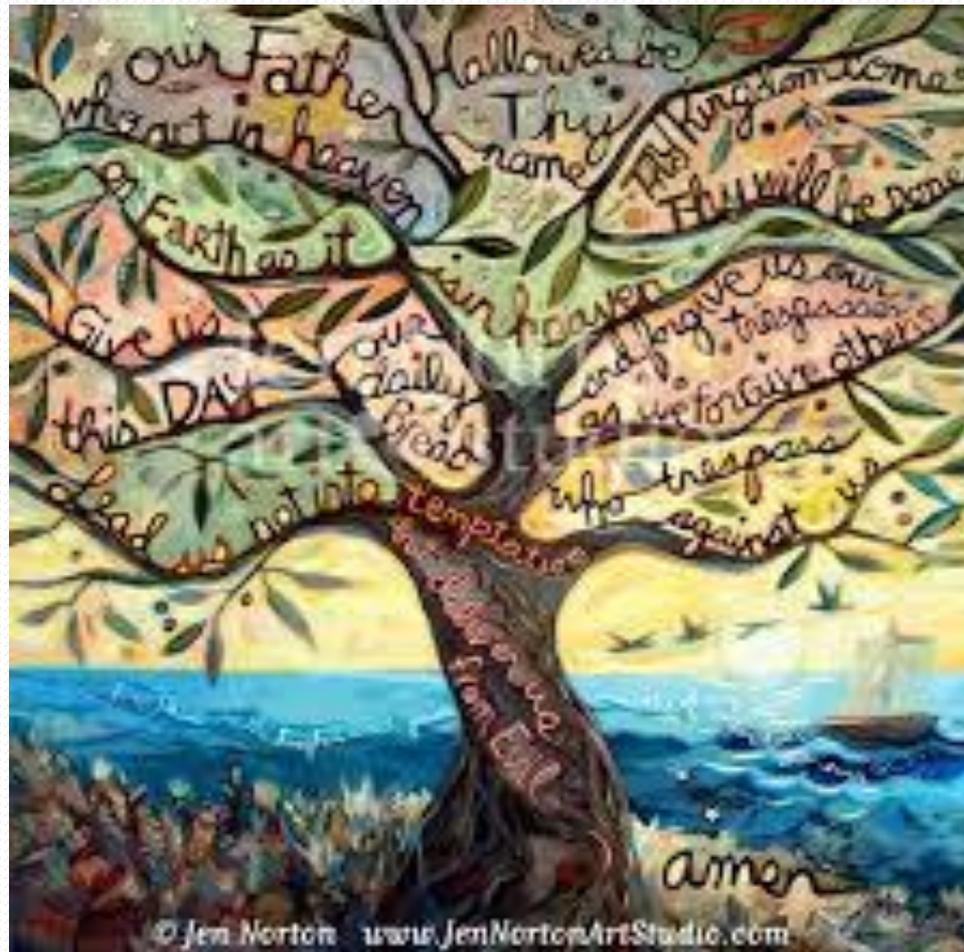
He suffered under Pontius Pilate,  
was crucified, died, and was buried.  
He descended to the dead.  
On the third day he arose again from the  
dead.

He ascended into heaven  
and is seated at the right hand of the  
Father.

He will come again to judge the living and  
the dead.

I believe in the Holy Spirit,  
the holy universal Christian Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting.  
Amen.

# The Lord's Prayer



# He Leadeth Me

He leadeth me, O blessed thought  
O words with heavenly comfort fraught  
Whate'er I do, where'er I be  
Still 'tis God's hand that leadeth me

Sometimes mid scenes of deepest gloom  
Sometimes where Eden's bowers bloom  
By waters still, over troubled sea  
Still 'tis His hand that leadeth me

He leadeth me, He leadeth me  
By His own hand He leadeth me  
His faithful follower I would be  
For by His hand He leadeth me

Lord, I would clasp thine hand in mine  
Nor ever murmur nor repine  
Content, whatever lot I see  
Since 'tis thine hand that leadeth me

He leadeth me, He leadeth me  
By His own hand He leadeth me  
His faithful follower I would be  
For by His hand He leadeth me

And when my task on earth is done  
When by thy grace the victory's won  
Even death's cold wave I will not flee  
Since God through Jordan leadeth me

He leadeth me, He leadeth me  
By His own hand He leadeth me  
His faithful follower I would be  
For by His hand He leadeth me

His faithful follower I would be  
For by His hand He leadeth me  
For by His hand He leadeth me

Spoken By David Corcoran

Piano By Hymns on Piano

# Doxology

Praise God from whom all blessings flow  
Praise him all creatures here below  
Praise him above ye heavenly hosts  
Praise father, son, and holy ghost



# Announcements

How can you support your VCC?



# Send the Light

1 There's a call comes ringing o'er the restless wave, "Send the light! Send the light!"

There are souls to rescue, there are souls to save,

Send the light!

Send the light!

Chorus:

Send the light, the blessed gospel light;

Let it shine from shore to shore!

Send the light the blessed gospel light;

Let it shine forevermore!

2 We have heard the Macedonian call today, "Send the light! Send the light!"

And a golden off'ring at the cross we lay,

Send the light!

Send the light!

[Chorus]

3 Let us pray that grace may ev'rywhere abound, "Send the light! Send the light!"

And a Christ-like spirit ev'rywhere be found,

Send the light!

Send the light!

[Chorus]

4 Let us not grow weary in the work of love, "Send the light! Send the light!"

Let us gather jewels for a crown above,

Send the light!

Send the light!

[Chorus]

Youtube by Acapeldridge

# *A prayer as I put on my mask:*

**Creator,**

as I prepare to go into the world,  
help me to see the sacrament  
in the wearing of this cloth -  
let it be "an outward sign  
of an inward grace" -  
a tangible and visible way of living  
love for my neighbours,  
as I love myself.

**Christ,**

since my lips will be covered,  
uncover my heart,  
that people would see my smile  
in the crinkles around my eyes.

Since my voice may be muffled,  
help me to speak clearly,  
not only with my words,  
but with my actions.

**Holy Spirit,**

As the elastic touches my ears,  
remind me to listen carefully -  
and full of care -  
to all those I meet.

May this simple piece of cloth be  
shield and banner,  
and each breath that it holds,  
be filled with your love.

In your Name and in that love, I pray.  
May it be so. May it be so.



# Blessing

Go in peace to love and serve the Lord.

**Thanks be to God**



# Postlude

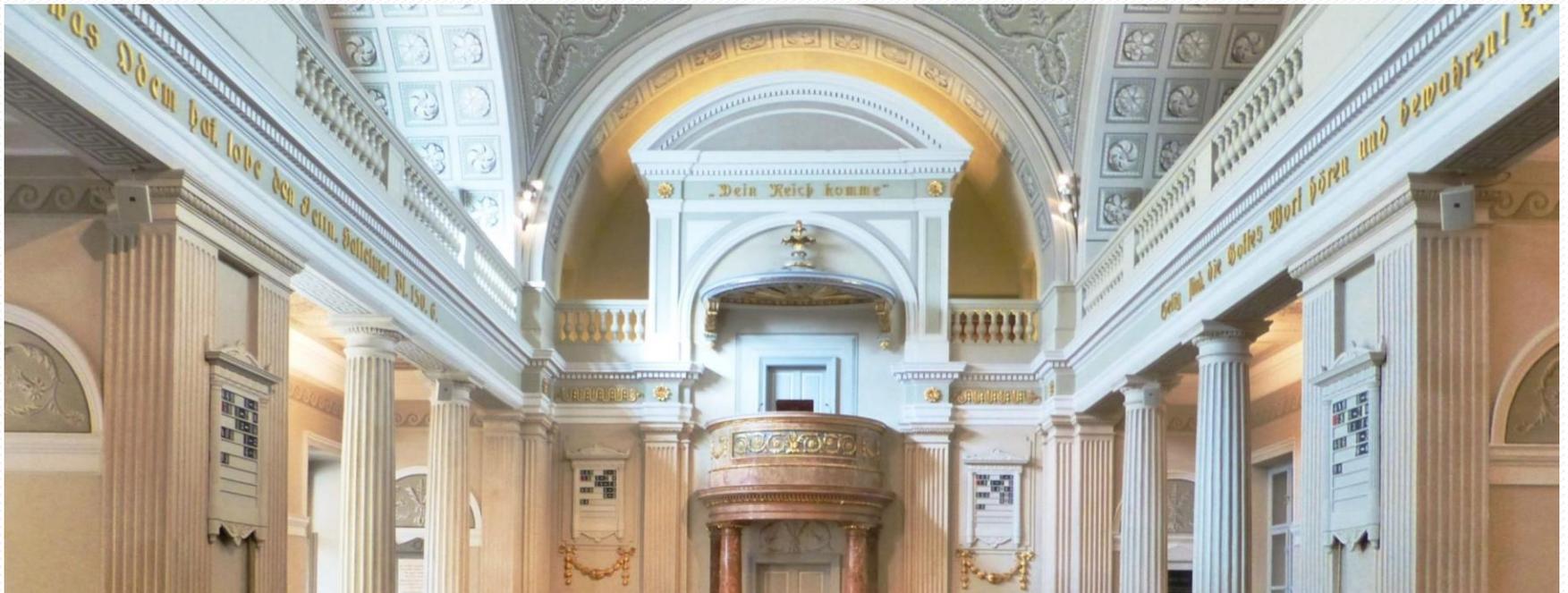
## River Flows in You

Arr. Lindsey Stirling

Go in peace to  
LOVE & SERVE  
the Lord

# Have a blessed week

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